

Swim Safely at Worksop Leisure Centre

Changing Facilities

There is a comprehensive range of changing facilities available for your convenience at Worksop Leisure Centre. These include a village change, male and female changing, disabled changing and team changing facilities.

Facilities available for young children include:

- Baby changing tables
- Baby changing mats
- Nappy Disposal Bins

Please dispose of used nappies in the nappy bins provided. Please do not leave nappies in the changing cubicles or on the changing room floor.

Please do not consume food and drink in the changing areas.

Please do not take prams and pushchairs into changing areas as this can cause obstructions and also contaminate the area with dirt and bacteria.

No outdoor footwear is allowed on the poolside.

Personal belongings should be stored in the lockers provided. Under no circumstances should personal belongings be left in changing cubicles.



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Worksop Leisure Centre, Valley Road, Worksop, Notts S81 7EN



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Stay Safe

The safety of our customers is of great importance to us and we feel that it is important to encourage water safety at all times to enable everyone to enjoy the facilities that we have on offer.

This leaflet has been designed to outline many health, safety and hygiene issues that are associated with the use of a Swimming Pool and identify ways of assisting us in providing safe activities for all.

Much of the information detailed in this leaflet has been issued by the Institute of Sport and Recreation Management (ISRM) and is supported by the Health and Safety Executive.

We all take it for granted when we visit a Swimming Pool that our safety will not be at risk, in most cases this is true. However in the UK around 12-15 deaths occur each year and more than half of these are children under the age of 16.

Please take a few minutes to read the following information as it will be very beneficial for your safety and the safety of others using the Swimming Pool.

Admissions Policy

For the safety of children using the Swimming Pool we have an admissions policy in place. This is to ensure that children have adequate supervision from a responsible adult while using the facility.

A responsible person, aged at least 16 years, should accompany all children under the age of 8 into the Swimming Pools. Whilst in the Pool the responsible person should maintain a constant watch over the children for whom they are responsible and be in close contact with those of their children who are weak swimmers.

Main Pool

Children under the age of four should be accompanied by a responsible person on a one to one basis

Children aged between four and seven should be accompanied by a responsible person a maximum two to one basis.

Small Pool

One responsible person to accompany up to three children aged four to seven or two children under the age of four, who are swimmers or who are non-swimmers wearing armbands or other suitable buoyancy aids.

Sauna and Steam Room

Children under the age of 16 will not be permitted to use the sauna or steam room facilities.



Health, Hygiene & Safety Rules & Recommendations

To assist us in ensuring that we keep our pool water in excellent condition, we would like to advise on the following:

- Please shower before entering the swimming pools
- Please use the toilet facilities before entering the Swimming Pool.
- We recommend that babies use the Swimming Pool after they have completed their first set of vaccinations.
- We would encourage Swimmers to inform the lifeguards on duty of any medical conditions that you may have in the event of you becoming ill while swimming.
- We recommend the use of swimming caps at all times.
- Please do not take small children who cannot swim beyond the non swimmers point in the large pool, regardless of whether they are being held by a parent or are wearing a buoyancy aid.
- For Nappy disposal, please use the designated nappy bins provided in the changing area.
- The use of camera equipment and mobile phones is strictly prohibited in the pool area, changing area and pool balcony.
- Always swim within your ability!

General Rules

- Children under 16 years of age will only be permitted onto the premises if taking part in an activity or are accompanied by a responsible adult.
- Anyone suspected of being under the influence of drugs or alcohol will be refused entry to the facility.